

At Bowmandale Primary School our vision for Physical Education and Sport is that every child should be provided with the opportunity to take part in physical activity on a regular basis and become more physically competent and confident. Our desire is that, through all the sporting opportunities and physical activity we offer, the children will potentially develop a passion for sport that will continue long after they leave Bowmandale.

We aim to provide the children with at least 2 hours of fun, engaging, challenging and active PE lessons every week and to keep the children healthy and active each day with at least 30 minutes of daily physical activity and by educating them on a healthy, balanced diet and lifestyle. In addition to this, active learning is embedded within daily lessons, encouraging our pupils to be as physically active as possible.

At Bowmandale, we also endeavour to give as many children as possible the opportunity to compete in a diverse range of competitions, during school time or by representing the school at local events through our links with Baysgarth School and the Get Ahead Partnership. We hope that in doing so the children will develop greater confidence, team work and learn the value of fair play, winning or losing with grace, dignity and sportsmanship.

We also place huge importance on developing our children as sporting leaders during their time at Bowmandale. Through this role, we aim to offer lots of children the opportunity to lead sporting activities, organise games and events and learn to lead by example. By emphasising leadership, we hope the children learn the importance of communication, organisation, team work, resilience, perseverance and a respect for rules.

Physical Education and Sport are a proud part of the Bowmandale experience and we hope that this continues to flourish in the future as we prepare our children for life after Bowmandale, where physical activity and sport still holds a fond place in their hearts.